



Homeopathic questionnaire:

Name _____

PERSONALITY and TEMPERAMENT

WEEPING/SIGHING Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Weeping improves your feelings or symptoms	1	2	3	4
Warnings/admonitions cause weeping	1	2	3	4
Weeping alternating with moods (irritability, laughter, cheerfulness) loud	1	2	3	4
Sobbing	1	2	3	4
Weeping for no apparent reason, involuntary	1	2	3	4
Consolation aggravates weeping	1	2	3	4
Moved to tears by sad stories	1	2	3	4
Frequent sighing	1	2	3	4
Hysterical	1	2	3	4
Moody	1	2	3	4
Anxiety causes weeping	1	2	3	4
Weeping when thanked	1	2	3	4

SADNESS Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Dissatisfied	1	2	3	4
Complaining	1	2	3	4
Resentful	1	2	3	4
Sulking/brooding/dwelling	1	2	3	4
Suppressed sadness	1	2	3	4
Suppressed feelings	1	2	3	4
Cheerful	1	2	3	4
Sad or melancholy	1	2	3	4
Like to think/dwell on sad subjects	1	2	3	4
Difficult to please	1	2	3	4
Boredom	1	2	3	4
Hurt feelings	1	2	3	4
Feel unloved	1	2	3	4
Indifferent to pleasure	1	2	3	4
I am sentimental	1	2	3	4
Affected by sad stores, news events	1	2	3	4

ANGER Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Physical problems from emotion of anger	1	2	3	4
Dictatorial/bossy	1	2	3	4
...only at home or with people who are below your position	1	2	3	4
Pessimistic	1	2	3	4
Suppressed anger	1	2	3	4
Prone to contradict others/contrary	1	2	3	4
Anger from contradiction/or criticism	1	2	3	4
Violent anger	1	2	3	4
Throwing or striking in anger	1	2	3	4
Swearing in anger	1	2	3	4
Vengeful	1	2	3	4
Interruptions annoy me	1	2	3	4
I am competitive	1	2	3	4

ANXIETY Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

How anxious are you	1	2	3	4
...about health	1	2	3	4
...about opinion of others	1	2	3	4
...about health of others	1	2	3	4
... in company	1	2	3	4
...about being late	1	2	3	4
...when someone expects something from you	1	2	3	4
...from conversation	1	2	3	4
...speaking in public	1	2	3	4
...from noise	1	2	3	4
...about trifles	1	2	3	4
...when thinking about anxiety	1	2	3	4
...before your period/menstruation (females only)	1	2	3	4
...about opinions of others	1	2	3	4
Anxiety improves on walking in open air	1	2	3	4
Does motion or exercise improve anxiety	1	2	3	4

PRECISION Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Conscientious about trifles	1	2	3	4
Meticulous	1	2	3	4
Critical of friends or acquaintances	1	2	3	4
Cautious	1	2	3	4

PRECISION - Continued Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Critical of family members	1	2	3	4
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GUILT Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Do you need company	1	2	3	4
How often does consolation aggravate you	1	2	3	4
How often do you need consolation	1	2	3	4
Does it bother you to have strangers around you	1	2	3	4
Do certain types of people bother you (to have them near	1	2	3	4
...friends	1	2	3	4
...husband/wife	1	2	3	4
... children	1	2	3	4
...one particular person	1	2	3	4
...opposite sex	1	2	3	4
How often do you feel guilt	1	2	3	4
Inhibited (feel uncomfortable with expressing certain feelings/emotions)	1	2	3	4
Does it bother you when others come near you	1	2	3	4
Do you enjoy company	1	2	3	4

MEMORY Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Trouble with concentration	1	2	3	4
... in conversation	1	2	3	4
...what was read or studied	1	2	3	4
...while talking	1	2	3	4
...while writing confusion after eating	1	2	3	4
...on attempting to concentrate	1	2	3	4
...after sleeping	1	2	3	4
...in a warm room	1	2	3	4

FEELINGS OF HURT Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Feel you are being injured	1	2	3	4
Feel abandoned/forsaken/deserted	1	2	3	4
Feel that someone is following you or behind you	1	2	3	4
Feel disgraced/insulted	1	2	3	4

FEELINGS OF ...MISC Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Jealousy	1	2	3	4
Tend to theorize	1	2	3	4
Optimistic	1	2	3	4
Clairvoyance	1	2	3	4
Able to sense others emotions	1	2	3	4
Mood better after vigorous exercise	1	2	3	4
Impatience	1	2	3	4
Emotions stable	1	2	3	4
Mood swings (not related to menses)	1	2	3	4
Mood swings related to menses	1	2	3	4
Ambitious	1	2	3	4
Moody	1	2	3	4
Suspiciousness	1	2	3	4
Egotistical vanity (false pride)	1	2	3	4

QUICKNESS Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Moves slowly	1	2	3	4
Moves rapidly	1	2	3	4
In a hurry	1	2	3	4
Tendency to be late	1	2	3	4
Tendency to be on time	1	2	3	4
Procrastinates	1	2	3	4
Rapid thinking	1	2	3	4
Slow thinking	1	2	3	4
Talkative	1	2	3	4
Changing subjects quickly	1	2	3	4
How calm/laid back are you?	1	2	3	4

LOVE and SEX Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Lack of sympathy	1	2	3	4
Sympathetic	1	2	3	4
Affectionate	1	2	3	4
Showing love emotion to partner	1	2	3	4
How often would you like to masturbate	1	2	3	4
How often would you like to have sex	1	2	3	4
Shows affection easily to strangers	1	2	3	4
Dislike to be touched	1	2	3	4

ENERGY Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Enjoys mental exercise	1	2	3	4
For physical exercise	1	2	3	4
Lack of stamina	1	2	3	4
Yielding/passive	1	2	3	4

FOOD PREFERENCES Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Overeats to bursting point	1	2	3	4
Fruits aggravate symptoms	1	2	3	4
Dislikes eggs	1	2	3	4
Beans, peas aggravate body	1	2	3	4
Likes starchy foods	1	2	3	4
Likes bread and butter	1	2	3	4
Likes rich fatty foods	1	2	3	4
Rich fatty foods aggravate the body	1	2	3	4
Likes ice cream	1	2	3	4
Like peanut butter	1	2	3	4
Dislikes pork	1	2	3	4
Dislikes onions	1	2	3	4
Likes eggs	1	2	3	4
...especially soft boiled	1	2	3	4
Likes salty food	1	2	3	4
Likes sweet food	1	2	3	4
Likes spicy	1	2	3	4
Garlic aggravates body	1	2	3	4
Onions aggravate body	1	2	3	4
Likes milk	1	2	3	4
Likes warm food and drinks	1	2	3	4
Dislikes warm food	1	2	3	4
Dislikes warm food	1	2	3	4
Likes raw foods	1	2	3	4
Dislikes mixing foods together	1	2	3	4
Dislike for breast milk as infant	1	2	3	4
Hot drinks aggravate body	1	2	3	4
Iced drinks aggravate the body	1	2	3	4
Likes ice cold drinks	1	2	3	4
Likes carbonated beverages	1	2	3	4
Likes alcohol	1	2	3	4
Alcohol aggravates the body, though likes alcohol	1	2	3	4
Likes coffee	1	2	3	4
Dislikes coffee	1	2	3	4
Coffee aggravate body	1	2	3	4
Onions aggravate body	1	2	3	4

FEARS Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

heights	1	2	3	4
enclosed spaces	1	2	3	4
snakes	1	2	3	4
thunderstorms	1	2	3	4
sharp pointed objects	1	2	3	4
ghosts	1	2	3	4
darkness	1	2	3	4
burglars	1	2	3	4
mice/rats	1	2	3	4
water	1	2	3	4
failure of business/job	1	2	3	4
being late	1	2	3	4
everyone must hurry	1	2	3	4
being hurt emotionally	1	2	3	4
food poisoning	1	2	3	4
illness	1	2	3	4
insanity	1	2	3	4
death	1	2	3	4
cancer	1	2	3	4
failure in business	1	2	3	4
poverty	1	2	3	4
loss of control	1	2	3	4
what other phobias do you have that are strong?				

GENERAL BODY SYMPTOMS Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Feet are hot in bed and sticks them from out of covers	1	2	3	4
Chilly and better heat	1	2	3	4
Feet are sweaty and smelly	1	2	3	4
Ailments worse after sweating	1	2	3	4
Head is sweaty in bed	1	2	3	4
Ailments worse from prolonged standing	1	2	3	4
Ailments worse in cold	1	2	3	4
Ailments better in damp weather	1	2	3	4
Ailments worse in wet weather	1	2	3	4
Ailments worse in cold dry weather	1	2	3	4
Ailments worse in windy weather	1	2	3	4
Ailments worse open air	1	2	3	4
Ailments better in open air	1	2	3	4
Bad breath and tongue coated white	1	2	3	4
Warts and moles on body and face	1	2	3	4

GENERAL BODY SYMPTOMS - Continued Please circle your choices 1 - Never 2 - Sometimes 3 - Often 4 - Always

Ailments better from sea air or water	1	2	3	4
Ailments worse from sea air or water	1	2	3	4
Ailments worse from bathing in hot water	1	2	3	4
Headaches before thunderstorms	1	2	3	4
Sensitive to odors	1	2	3	4
Sensitive to tobacco	1	2	3	4
Sensitive to sunlight	1	2	3	4
Sensitive to artificial light	1	2	3	4
Sensitive to slight noise	1	2	3	4
Faintness or headaches on missing a meal	1	2	3	4
Feel better fasting	1	2	3	4
Feel better after a short nap	1	2	3	4
Ailments worse from 4-6 pm or 4-8 pm	1	2	3	4
Body tends to be warm and made worse by heat.	1	2	3	4
Ailments are worse in stuffy room	1	2	3	4